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OCTOBER 4, 2017



SPECTATOR



AN UNCERTAIN FUTURE

Dreamers and undocumented immigrants seek support from fellow Americans. — p. 6

SAGE ADVICE FROM SUNDBORG

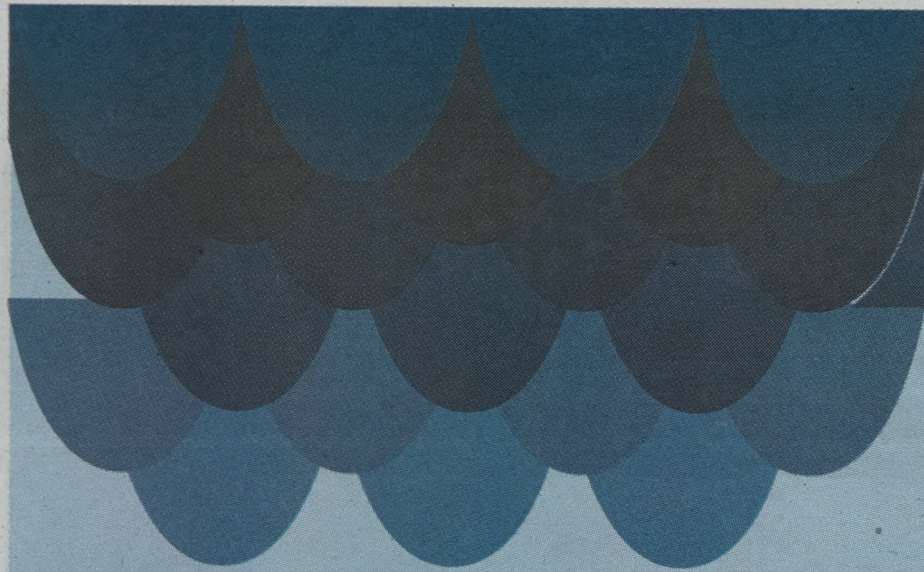
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FALL FOR PIKE PLACE THIS AUTUMN

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MEN'S SOCCER STARTS WAC
WITH A WIN

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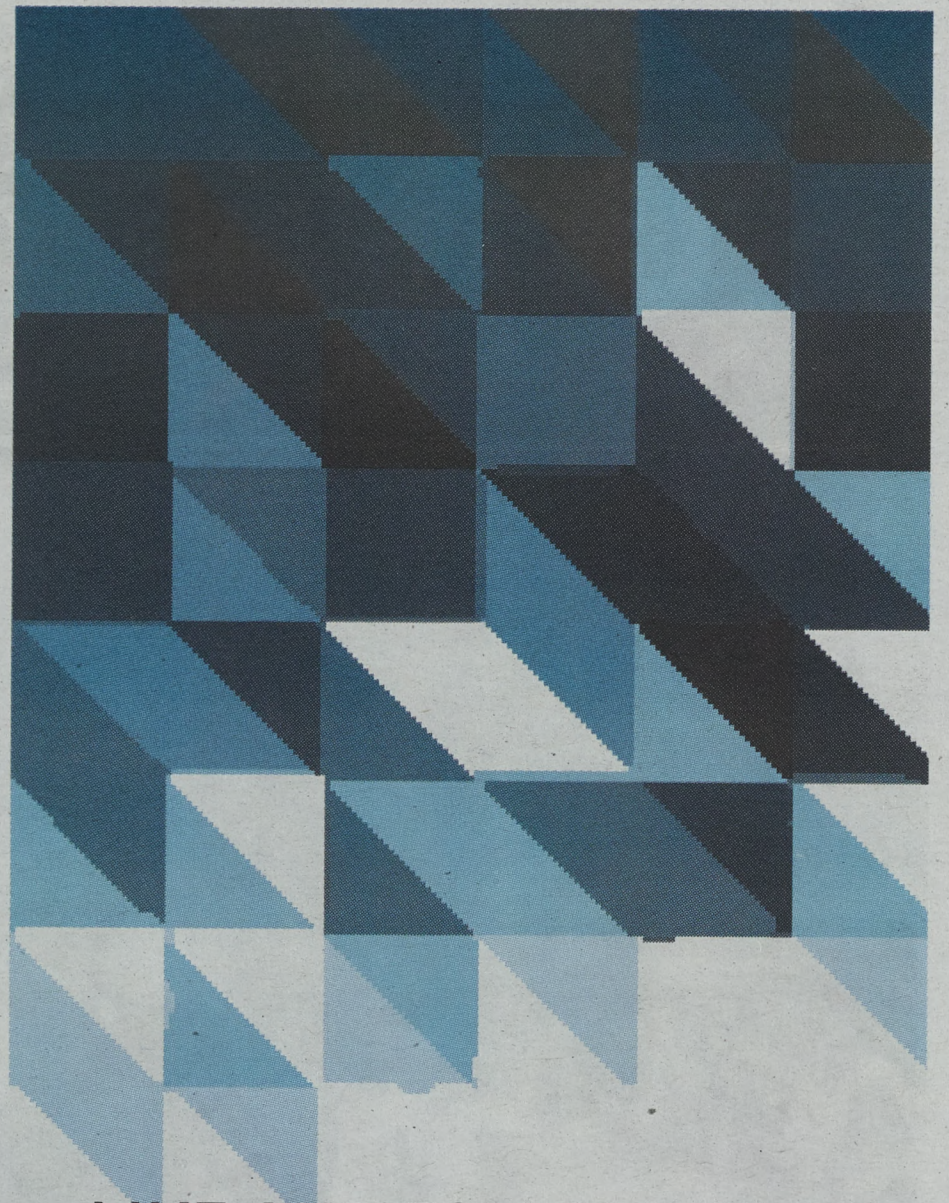
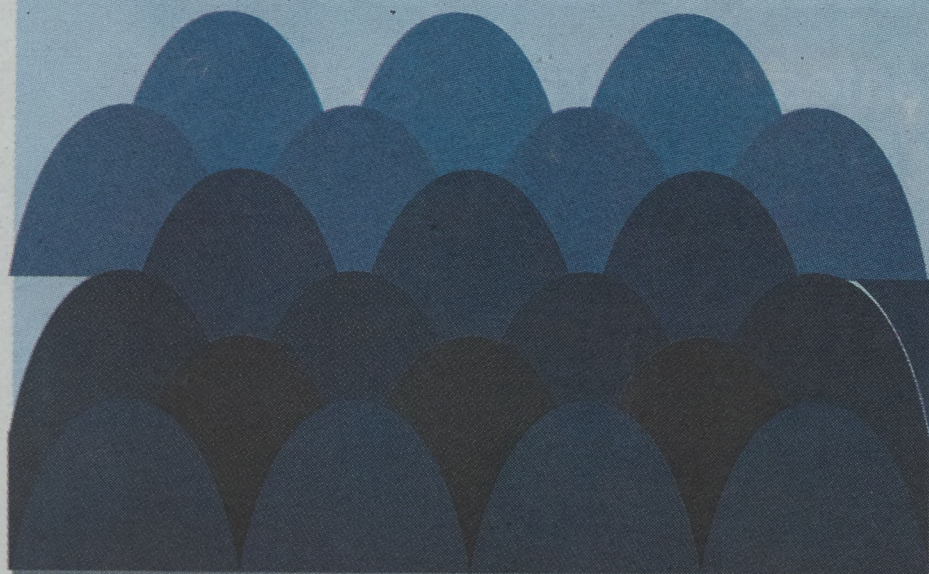


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Sonora Jha
Faculty Adviser



THE WEEK IN REVIEW

Elise Wang
Staff Writer

PUERTO RICO IN NEED OF AID AFTER HURRICANE

MARIA – Two weeks after the devastation caused by Hurricane Maria, progress is being made in distributing aid and relief supplies to towns and barrios in Puerto Rico. This has proven to be a challenge due to widespread infrastructure damage, that made many roads impassable. Among the hurricane victims on the island, the largest demands are for food, water and gasoline. 95 percent of the island does not have power, 40 percent does not have cell phone service and more than half of the population does not have access to running water. In addition, hurricane victims are not allowed to use food stamps at grocery stores due to accessibility and the federal denial of the use of food stamps at many establishments; 1.3 million Puerto Ricans, 40 percent of the island's population, rely on food stamps. Former Mayor of Las Marías Edwin Soto Santiago compared the relief after Hurricane Maria to that after Hurricane Georges in 1998 in an article in *The New York Times*, "During Georges, we didn't have to look for anything. Everything came here. Now, we have to go look for it, go ask for it." According to Lt. Gen. Jeff Buchanan, the Defense Department plans to send more troops in addition to the troops that were already sent.

MARCHING FOR RACIAL JUSTICE AND BLACK

WOMEN – Several hundred activists showed up to protest institutionalized racism on Saturday morning at two separate marches: the March for Racial Justice and the March for Black Women in Lincoln Park. The March for Racial Justice aimed to "harness the national unrest and help focus it into a national mobilization," according to its website. The March for Black Women, which aimed to remain separate from the Womxn's March in January, more specifically focused on bringing attention to the incarceration of black women and sexual violence against black transgender people. Alongside these two marches, 15 other related marches were scheduled nationwide.

CATALANS VOTE ON INDEPENDENCE AGAINST SPAIN'S WISHES

– Thousands of Catalans flocked to illegal polling stations Sunday to vote for independence from Spain in a banned referendum, despite threats from the Spanish government. Spanish forces deemed the referendum unconstitutional and made multiple attempts to prevent the region-wide vote, such as sealing public facilities, detaining Catalan regional government officials, and threatening to confiscate ballot boxes. On the other hand, the autonomous Catalan police force, known as the Mossos d'Esquadra, did not intend to use force on voters unless to prevent and eliminate violence. The polls resembled a festival with paella, yoga and drumming. In *The New York Times*, one voter named Celia Velez, 21, described the event as like "D-Day in Normandy, nobody knows what will happen, but everyone has prepared for it." The Spanish premier encountered the conflict between detaining large numbers of voters or allowing the vote to continue and acknowledging his lack of control.

AT LEAST 58 KILLED AT MUSIC FESTIVAL IN LAS VEGAS

– On Sunday night, a lone shooter killed at least 58 and injured over 500 people during a country music festival in downtown Las Vegas. The 64-year-old shooter, Stephen Paddock, indiscriminately shot into the crowd from his 32nd floor hotel room in the Mandalay Bay Hotel. Paddock was found dead in the hotel room, surrounded by 17 rifles. The number of casualties extends beyond that of the Pulse Nightclub shooting in June 2016, which had previously held the record for deadliest mass shooting in modern U.S. history. In response, President Donald Trump said that the police's timely response to the shooting was "a miracle," and further that "we'll be talking about gun laws as time goes on." Several congresspeople, including Rep. Nancy Pelosi and Sen. Chris Murphy, have called for legislative action with regard to gun control.

RANKED-CHOICE BALLOTS IN SEATTLE

– After last November's election, a group of Seattle residents called Fair Vote Washington created a charter amendment that proposes to shift Seattle to a ranked-choice balloting system. Cindy Black, the executive director of the pro-democracy nonprofit Fix Democracy First, decided to head the amendment in order to implement this new balloting system in city primary elections to determine the top two candidates who would continue to the general election. In a ranked-choice ballot system, rather than select one candidate, voters rank all candidates according to preference and the candidate with the least number of number-one votes would be eliminated, and so on. In 2006, Pierce County voters elected the implementation of the ranked-choice ballot, but later switched back to traditional ballots three years later when a candidate who was widely deemed as unqualified was elected into office. Director of External Affairs Kendall Le Van Hodson said in *Seattle Weekly*, "It's definitely going to take some time and development."

OJ SIMPSON FREED AFTER SERVING NINE YEARS

– In 2008, O.J. Simpson was found guilty and sentenced to 33 years in prison for the murder of his wife Nicole Brown Simpson and her friend Ronald Goldman in the summer of 1994. On Oct. 1, O.J. Simpson, 70, was released from Lovelock Correctional Center in Nevada at 12:08 a.m. After fulfilling nine years of his sentence, the Nevada Board of Parole Commissioners unanimously voted to release him when he became eligible for parole in June. Simpson's lawyer, Malcolm P. LaVergne, said Mr. Simpson is going to "wind up in Florida," despite neither Florida nor California receiving paperwork allowing Simpson to return to those states.

Elise can be reached at
ewang@su-spectator.com.

STUDENT BODY PRESIDENT PA OUSMAN JOBE SEEKS INCLUSIVITY AND COMMUNICATION

Sophia Wells
Staff Writer

Pa Ousman Jobe has quickly made his mark on Seattle University as a student, an Alfie Scholar and now the 2017-2018 student body president.

A finance major and economics minor who transferred last year from Highline Community College, Jobe previously served as Highline's Student Body President and served last year as Seattle University's Multicultural Representative.

Jobe doesn't see a role in student government as a political one, instead referring to it as a servant-leadership role.

"I definitely do not want to associate myself with any kind of savior mentality," Jobe said. "But I live in a system that has so many problems that affect all of us, we are all part of the problem and we need to be part of the solution and I have a part to play in it."

Jobe sees his role as president carrying him into law to work for economic justice for the marginalized. He acknowledges that people all around the world are living in oppressive states and wants to fight alongside these communities.

"Our ancestors were fighting, our parents fought, we are still fighting so hopefully the next generation do not have to keep on fighting," Jobe said.

When speaking of Jobe's character, Director of the Alfie Scholars Program Carol Cochran said that he is not afraid to respectfully tell people what he knows they will not want to hear in order to help them reflect and grow.

"He's the care leader, he's about the building of community," Cochran said. "He is very much committed to making a better experience for all students."

Jobe focuses on community as he speaks of his role as President. He is hoping to facilitate a more inclusive community in which all voices, especially those of the marginalized, are heard.

The main areas of improvement that Jobe sees for Seattle University

surround communication.

"Some issues I can say are a matter of miscommunication, some issues a matter of truth telling, some issues are out there because we do not want to engage or folks are afraid to engage," he said. "It's not just one person, one unit. But if we are a community, it's affecting all of us."

To address these concerns, Jobe plans to bring new voices to the drawing board by hearing directly from students about their priorities and issues on campus.

"There are people within our community that are not seen, not heard," Jobe said. "I think it's really important that we all take a moment to look around and see who is in the room, and who is at the table."

Assistant Director of the Center for Student Development Michelle Harper Kowalczyk is excited to see what Jobe does as President. She notes his previous work as Multicultural Representative where he led efforts to connect Student Government at Seattle University and the Office of Multicultural Affairs, as well as bringing in the many cultural and identity clubs on campus.

"He has a great heart for the students and high expectations for student government," she said.

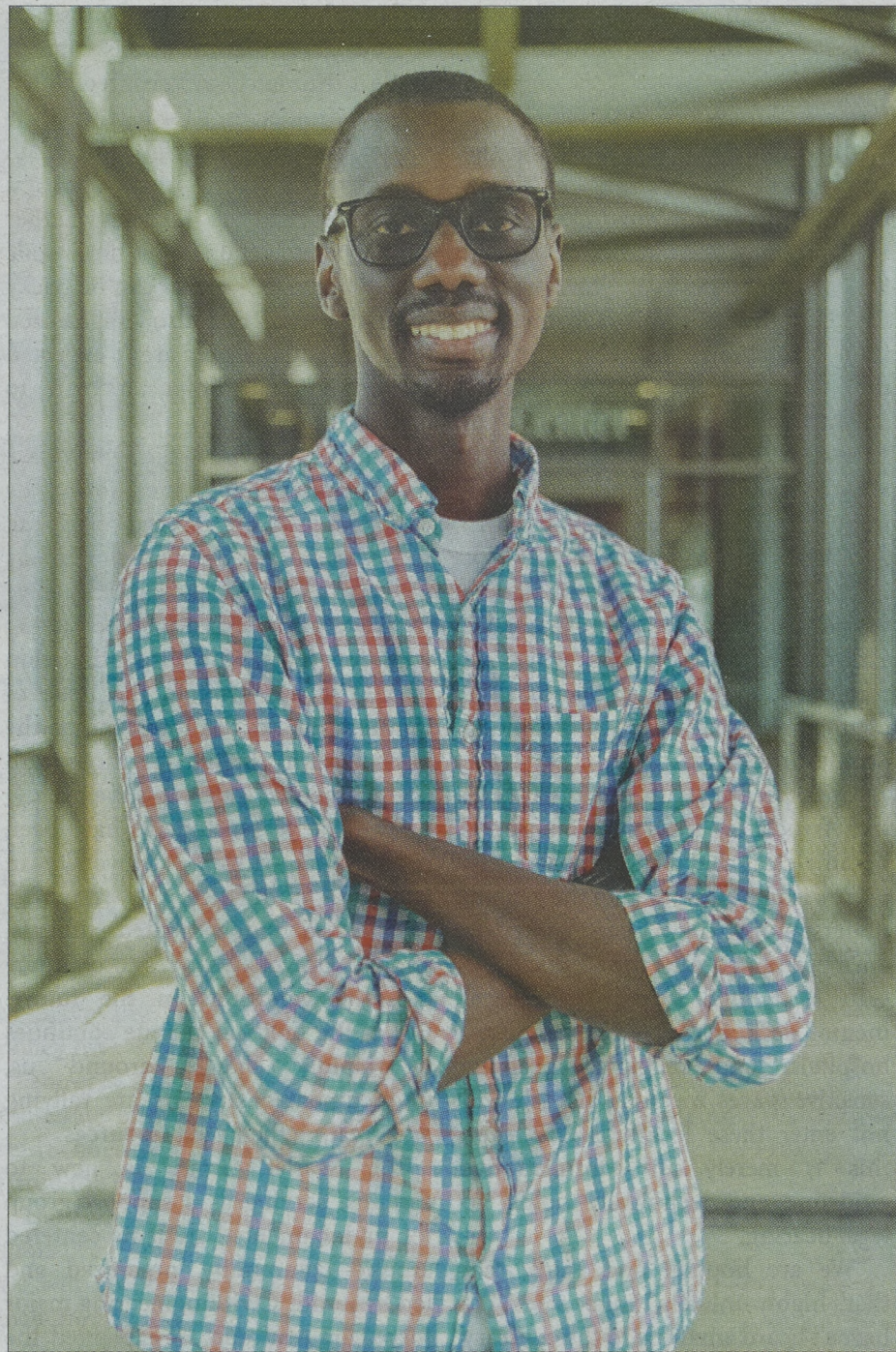
Jobe also speaks of his goals for events in this coming school year. He looks forward to engaging with the students to platform for their issues.

Keeping Seattle University's mission in mind, Jobe hopes to create an inclusive environment in which members of the community feel safe on campus. He wants marginalized students to feel protected and heard.

"Our mission states that we are educating the whole person," Jobe said. "But it would be very hard for a student to bring the wholeness of who they are when the environment is not created."

In pursuing that environment, Jobe invites dialogue, including those who disagree with him.

"I know not everyone is going to agree with me and that is normal. But I hope that people that disagree with



SAMIRA SHOBEIRI • THE SPECTATOR

Current SGSU president, Pa Ousman Jobe.

me can feel empowered to come to me," he said.

"I will also say that I do not stand for hate. We all make decisions. My decision is to stand with love and stand for oppressed and marginalized populations. I will always stand by that and I welcome all of us to really find it in our hearts to share that love and to stand before each other and stand up for the right things."

Editor may be reached at
news@su-spectator.com

UNDOCUMENTED STUDENTS RALLY IN WAKE OF DACA TERMINATION

Rachel Larson
Volunteer Writer

Deferred Action for Childhood Arrivals (DACA), is a way for the government to identify a group of individuals, in this case those who immigrated to the United States as children, as low priority for deportation. This Obama era implementation is now ending, with the last possible DACA renewal applications due on Oct. 5, 2017. On March 6, 2018, it will cease to exist.

Once DACA status has expired, individuals with this status, known as Dreamers, become eligible for immediate deportation, leading many to fear that Immigration and Customs Enforcement (ICE) agents will start rounding up Dreamers across the country, and that they could come to Seattle University.

After speaking with David Lance of the Associate University Counsel, it became clear that a future where this occurs is plausible, despite the general understanding that college campuses are a prohibited zone for agents.

In 2011, ICE issued an internal memo declaring college campuses, hospitals, and religious locations sensitive spaces, meaning that ICE will not enter these locations. However, this is merely an administrative guideline and technically holds no legal bearing.

"We are hopeful and think that that's highly unlikely," Lance said. "We haven't heard anything to the contrary on that, but that's one thing to try to make sure people are aware of."

It is this notion that led students and faculty alike to gather in a Pigott classroom at lunchtime on Thursday, Sept. 28, where Immigration Lawyer Devin T. Theriot-Orr, along with David Lance, led a workshop entitled "Know Your Rights."

Organized by the Pre-Law Student Association and the Scarlet Group, the speakers did their best to educate undocumented students, allies, and faculty members on what to do if approached by ICE agents.

Lance repeatedly advised calling the

Office of the University Counsel as soon as an ICE agent makes contact, while Theriot-Orr ensured that everyone understood the legality of the matter, including the right to remain silent, the right to a private attorney, and the right to know whether you're being detained or not, while highlighting that agents can be tricky to deal with. They also emphasized that while ICE agents aren't expected to come onto our campus, it's better to plan for the worst.

Though many of the worst-case scenarios were highlighted during the workshop, those conversations speak to a constant fear that many members of the Seattle U community live with every day, and have been living with for years. The discontinuation of DACA has brought the issue of immigration to the forefront of the public realm, though for those with undocumented status, it is their life.

Over the years, students have been in dialogue with the University in attempts to further the resources available to undocumented students, and the University hopes to continue these conversations in the future. But as the political climate continues to rapidly change around us, undocumented students are rallying and creating their own resources.

The Scarlet Group is new to campus, serving as a support group for undocumented students centered around community, organized and led by junior Civil Engineering major Jorge Lara Alvarado. He explained the importance of creating this space for the community.

"A lot of people have told me that [creating a physical space] could be an issue because it's a matter of privacy, because it just makes it easier to identify us undocumented people," Lara Alvarado said. "But I disagree with that because I think that... by creating a physical space that compiles all of the resources it one, makes it easier for students to find out what's available for them and two, I believe that this is a way to empower and show that the university supports them fully."



NICK TURNER • THE SPECTATOR

Jorge Lara Alvarado is the organizer and leader of the Scarlet Group.

While Lance reiterated the institution's commitment to undocumented students during the workshop, Lara Alvarado highlighted the often difficult nature of navigating the available resources on campus, voicing a desire for the community at Seattle University to be trained on good practices for supporting undocumented students.

"Most of the time allies assume what it is that undocumented people or students need without asking or without having them be a part of the conversation," said Lara Alvarado.

For him, it is essential to maintain respect and recognition for the work of the diverse and intersectional undocumented community. At the workshop, Lance and Theriot-Orr expressed the importance of conversation, both among allies, and with the University,

to continue this support for the undocumented community at Seattle U.

"Continue to organize, to press the issue with the administration, show up when there's events, raise the issues and talk about them," Theriot-Orr prompted.

As for the undocumented community at Seattle U, Lara Alvarado said, "I just want to remind them that they're not alone... we are here to fight together."

If you would like to learn more about the Scarlet Group, they're available on Facebook @thescarletgroup.

Editor may be reached at
news@su-spectator.com

SEATTLE STRUGGLES WITH EVER-CHANGING MAYORAL OFFICE THIS SUMMER

Lukas Kret
Staff Writer

Seattle will have its fourth mayor this year in November. Throughout the bizarre mayoral race of 2017, many initially thought that Former Mayor Ed Murray would be a strong incumbent mayoral candidate. However, as a result of an array of sexual abuse accusations, Murray retracted his re-election bid and eventually resigned later in the summer.

Even though he resigned in September, the first allegations of abuse began in 2007 while Murray was serving in the State Senate. That year, Murray's former foster son, Jeff Simpson, hired a lawyer to pursue legal action against Murray concerning repeated sexual abuses that occurred in the 80s while Simpson was under Murray's care.

Due to the amount of time that had passed, a lack of information, as well as the statute of limitations the case was never pursued. However, Simpson going public with his allegations prompted another man, Lloyd Anderson to come forward with similar claims in May of 2007.

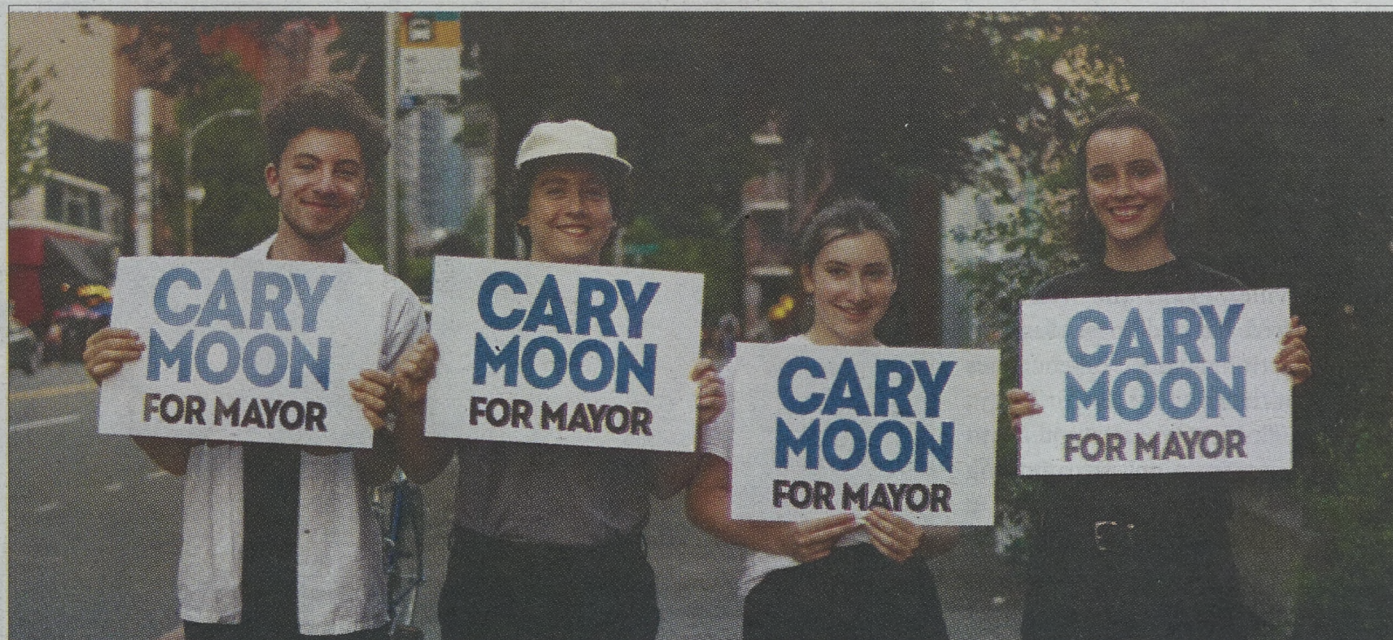
Due to a lack of both concrete evidence and media coverage, the accusations gained little traction.

However, this all changed in April of this year when a third victim, Delvonn Heckard, stepped forward and filed a lawsuit against Murray. A month later, a fourth victim, Maurice Jones, stepped forward saying that Murray had paid for sex with him while he was a teenaged drug addict.

A week afterwards, Murray retracted his bid for re-election in a press conference.

"The allegations against me are not true, and I say this with all honesty and with the deepest sincerity," Murray said. "But the scandal surrounding them and me is hurting this city."

Political Science Professor Patrick Schoettmer said that Murray's decision to abstain from running for re-election directly impacted the way in which the summer's mayoral primary unfolded.



Cary Moon's children, middle, standing alongside their childhood friends as they show support for the candidate.

NICK TURNER • THE SPECTATOR

"[Murray] dropping out basically opened up the door to us having a 22-candidate race," said Schoettmer. "If he would have stayed in, there would have been a few favorites, but he would have been the presumptive favorite to win the election."

On Sept. 12, The Seattle Times published allegations from Murray's own cousin, Joseph Dryer, which detailed a series of rapes and abuse throughout the 70s. Murray, whilst vehemently denying all of the allegations, resigned later that day.

There are countless questions left unanswered in the wake of all of these allegations, but Seattleites were left with one particularly important question after Murray's resignation: Who will become the new mayor?

In the aftermath of Murray's resignation, the city charter states that the City Council President, Bruce Harrell, had five days to decide if he wanted to serve as mayor until Nov. 28. Harrell declined, and the city council was tasked with appointing another council member as interim mayor.

Tim Burgess, who was serving on city council, was elected in a 5-1 vote to serve out the remainder of the term. With only 71 total days in office, Mayor Burgess won't be making any

radical changes to city policy.

However, he will be making key decisions concerning the city's budget and has been pushing a plan to try to secure Amazon's second headquarters in the Puget Sound region.

Schoettmer said Burgess isn't likely to make any major changes to city policy over the next 71 days.

"Burgess has always been seen a moderate bulwark on City Council," said Schoettmer. "He is not a departure [from the Murray administration]."

The Burgess administration will be short lived, and by the end of the year, we will have elected the first female mayor of Seattle since 1926.

Of the 22 original candidates, only two made it past the primary in August. Those two candidates will be on the mayoral ballot in November. Jenny Durkan and Cary Moon emerged from the August primary as the two candidates for the November election.

Durkan, a former U.S. attorney, won the August primary with 27.9 percent of the vote. Urban planner Moon came in second place, winning 17.6 percent of the vote, narrowly defeating community organizer and lawyer Nikkita Oliver, by a margin of 1.3 percent.

Either Durkan or Moon will

become the mayor on Nov. 28, once the election results are certified, rather than in January, as is typically the case, due to Murray's early resignation.

In order to vote in the mayoral election this November, voters must be registered in Washington state. The deadline to register is Oct. 9.

Editor may be reached at
news@su-spectator.com

SEATTLE U STARTS DISCUSSING GROWING NUMBER OF HATE CRIMES

Erika Silva
Staff Writer

It has been nearly two months since a white supremacist drove his car into a group of progressive demonstrators, killing one and injuring many during the Unite the Right rally in Charlottesville, Va. The violence that occurred has led to subsequent calls for action against hate crimes throughout the country.

Seattle University attempted to join the conversation surrounding hate speech on Sept. 26 with a conversation sponsored by the Office of the Provost, College of Arts and Sciences, and Matteo Ricci College titled, "Is Hate Speech Free Speech?" The event included Communications Professor Caitlin Ring-Carlson, Political Science Professor Erik Olsen and Philosophy Professor Jason Wirth as they discussed the undermining dangers of hate speech, through the justification of free speech and the problems of prosecuting hate speech within our legal system.

The event worked as an introduction, giving an analytical stance on the issue, although the panelists openly admitted to never personally experiencing hate speech. According to Seattle U Public Safety, incidents and reported hate crimes on Seattle U's campus alone doubled in 2016 and 2017 compared to the prior two years.

Seattle U Public Safety reports there were only two cases of assault identified with criminal bias in 2014 and in 2015. Criminal bias is defined as discriminatory motivations adjacent to campus, as well as being able to identify a victim and the level of harm done.

However, a surge occurred in 2016 with 17 incidents on campus. One was deemed criminal racially-based bias, and the other 16 were classified as being of non-criminal bias. Non-criminal bias means it was documented, but did not meet the official requirements of being classified as a hate crime.

Eight of these incidents were recorded around the time of the student occupation of the Matteo Ricci



NICK TURNER • THE SPECTATOR

Professor Caitlyn Ring-Carlson spoke at the event on Tuesday.

College, which was a protest directed toward dismantling institutional racism, sexism, ableism and anti-LGBTQ+ rhetoric within the college.

These eight instances between June and December mostly included student reports of swastikas being written on their whiteboards within the dorms. 2017 had a total of 10 incidents, with nine classified as non-criminal bias, and one being ethnicity-based criminal bias.

Many of these non-criminal actions consisted of symbols or text being found on etchings, graffiti or stickers, during telephone calls and in-person intimidation. These actions are not technically hate crimes because a singular person was never targeted, nor was the offender caught.

During the event, the three professors gave their professional opinions and explained the paradox of the "free" circulation of ideas. The question always circled back

to whether it is possible to have all-encompassing free speech when some forms of speech can dominate and muffle the speech of others; the legal standing is so vague that any action against or for hate speech can be justified.

Olsen explained that free speech within the setting of public forum, expressed in a civilized manner to support democracy, can be acceptable, but he draws the line when marginalized groups are being terrorized.

"Freedom of speech also requires freedom from intimidation, freedom from threats, freedom from domination," said Olsen.

At the talk the question of whether the opinion of an oppressed individual would be heard fairly, even without hate speech present was raised.

"Privilege would be that ideas are just out there freely circulating, protected and don't have background conditions

that determines who speaks, what gets heard, what gets covered, what's taken seriously," said Wirth.

He dissected the term democracy even further and asserted that equal weight is never given when big money, racism and other influences are present within the American culture.

Ring-Carlson took the conversation in a different direction afterwards, saying that if the state cannot be trusted to make these decisions, then many times it falls on people to act on their own.

Ultimately, the conversation regarding hate speech drew an intersection between the political and the ethical.

"Just because something is legal doesn't make it right," Ring-Carlson said.

Erika may be reached at
esilva@su-spectator.com

FATHER SUNDBORG ENTERS LAST TERM AS UNIVERSITY PRESIDENT

Shelby Barnes
Managing Editor

In his convocation speech to the class of 2021, President Fr. Stephen Sundborg, S.J., announced that this would be his last term as President of Seattle University. Having served the community for over 20 years, Sundborg has seen the university through many institutional changes.

SB: What brought you to Seattle University?

Sundborg: I had been a teacher from 1982 to 1990. I loved Seattle University and so I applied to be the president, went through an ordinary interview process and was chosen.

SB: What are some of your biggest accomplishments since becoming president at Seattle University?

Sundborg: The biggest thing that I've accomplished is helping to develop the university to have a mission. We've grown over these years. Two new colleges. One of them is the school of theology and ministry that was started the same day that I started as president, and then the school of new and continuing studies has begun since then. We brought the law school here, we built the student center, we built the new library, McGoldrick Commons. There's a lot of development that the university has had.... When I came here we were a D3 school, and after two years, we became a D2 school, and then after 10 years we became a D1 school. So, I wanted to position Seattle U, in regards to athletics, at the same level that I think we are in academic quality, and to be a school like us and 7500 students, that makes a lot sense to position yourself as a D1 school as well.

SB: What's the most challenging obstacle you have faced since working at Seattle U?

Sundborg: The biggest challenge is how to make our education affordable to our students and to their families. How do you make it possible for students to attend Seattle U? We want students to be able to come here regardless of what their

economic background is, who have accomplishments and the desire to be at this kind of university. [The issue of affordability] has been the biggest challenge of all.

SB: What's it like working in the sphere where you'll make hard decisions knowing people won't like it?

Sundborg: I recognize I'm the face of the university and I do have to make some of critical decisions for the university. I think people at the university have a sense of who their president is, that I'm not some withdrawn authority figure... And that makes it easier... like making decisions. [I've been] pretty firm when I've made them. I'm not a thin skinned person, I'm not a person that gets undermined by the criticism that comes. I understand that's just apart of leadership. You need to roll with it.

SB: Have you acted on a decision you wish you had approached differently?

Sundborg: The hardest thing was

the Matteo Ricci College occupation and the decisions that came out of that, that was a painful experience for the university. I dealt with it as best as I could, I don't know how I could've done much better. It was an unresolvable difficult situation. When I look back and see what that was and what came out of it— I don't know, maybe I could've done better in that situation... how I engaged with the issues that were involved. That's the most painful time of my 20 years.

SB: What is one piece of advice you would give a student to live by?

Sundborg: Find the way, in whatever you do, to be who you really are and to fulfill the responsibility of what you're doing. Be who you are in living out your job, your career [and] your position, but make sure you are who you are... That may sound like an easy thing to learn, but it's not.

SB: What are you looking forward to in these next four years?

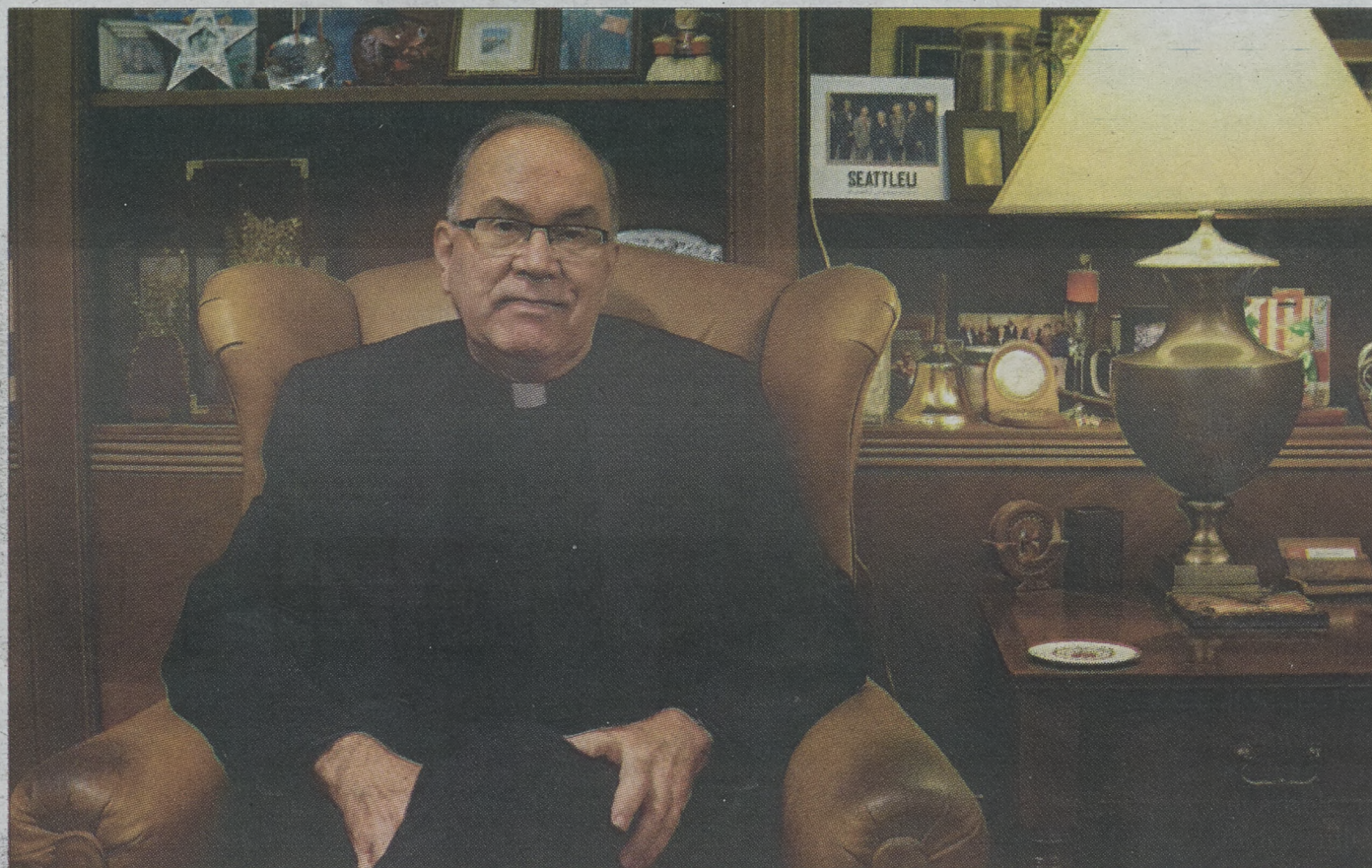
Sundborg: I'm looking forward

to advancing the mission of the university more than anything else, so I hope that when I finally retire from Seattle U, I would hope that the mission of the university is stronger than it's ever been and helps carry the university forward.

SB: What is some advice you would give the next president?

Sundborg: Be yourself as soon as you can. Just find the way to do the presidency as the person that you are. I would also say trust the mission. Trust the mission of the university. We stand for something, we have a set of values. Learn it and trust it.

Shelby may be reached at
sbarnes@su-spectator.com



President Fr. Stephen F. Sundborg, S.J. was elected for another term, his last, last Fall.

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The College Crest



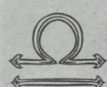
CHRIS SALSBUURY • THE SPECTATOR

THE 10

10 WAYS TO GET OUT OF CLASS

- 10 Babysit Kylie's newborn
- 9 Russia.
- 8 Drop out
- 7 "Forget" to set an alarm
- 6 Get your mom to write a sick note
- 5 Happy hour
- 4 Study abroad
- 3 Literally kick the hornet's nest
- 2 Join the Army
- 1 Feed your homework to a dog

HOROSCOPES



LIBRA
9/23-10/22

Stop doing that, did you know you're not the only one?



SCORPIO
10/23-11/21

You don't need rain, cry into a reflection to know who you are



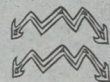
SAGITTARIUS
11/22-12/21

Why?



CAPRICORN
12/22-1/20

The colors of the wind do not change; follow the one that smells



AQUARIUS
1/21-2/19

Will u ever be satisfied? Just relax dude!



PISCES
2/20-3/20

Sometimes, watering down your feelings is... a good thing



ARIES
3/21-4/20

Ask urself if they're really worth it and make art about them regardless



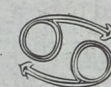
TAURUS
4/21-5/21

A telephone works both ways, stop waiting for a ring and start dialing



GEMINI
5/22-6/21

You may overlap with Noah, and his SuperBoat.



CANCER
6/22-7/22

If u treat urself every day, it's just called hedonism



LEO
7/23-8/22

Listen to the season, don't be too quick in making up your mind



VIRGO
8/23-9/22

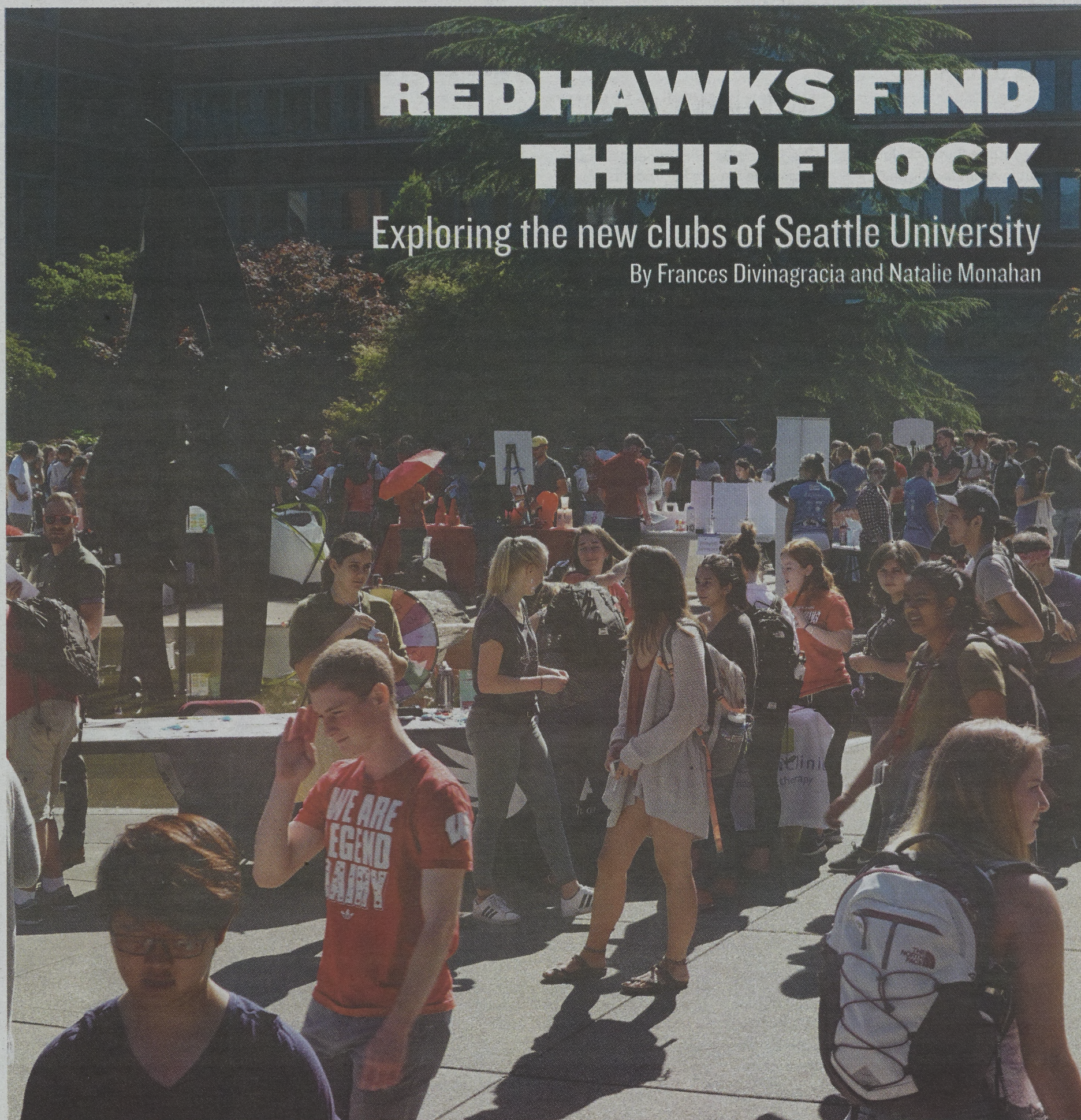
The fall winds might blow away your sand castles, don't stress



REDHAWKS FIND THEIR FLOCK

Exploring the new clubs of Seattle University

By Frances Divinagracia and Natalie Monahan



Frances Divinagracia & Natalie Monahan
Volunteer writers

SEATTLE U VEGAN SOCIETY

Have you ever thought about eating a healthier diet, reducing your meat or dairy consumption or helping the planet out in an impactful way?

If so, check out the Seattle University Vegan Society, a club headed by Tiffany Carpenter, a junior International Studies major who hopes to bring awareness to students' everyday eating choices and how they impact the environment.

"I feel like there is a lot of interest right now about plant-based diets," said Carpenter. "I'm super excited about being able to bring this information to more people."

Along with informing students, Carpenter anticipates gathering a community to share meals in a way that is prepared naturally, locally and with compassion. Although a vegan diet excludes all animal products, Carpenter suggests students are not limiting their options, but rather opening up doors to a variety of meals.

Club meetings will include a workshop-style discussion on what veganism is, as well as answering any questions from members about the lifestyle. Students will also discuss the moral implications of being vegan or non-vegan, and have the opportunity to talk about the nutritional value of a plant-based diet.

Along with being a space to learn about veganism, the club will also be a place where students can enjoy homemade meals together.

"I hope we get to share recipes and just talk to each other about what we're doing in our kitchens and beyond," said Carpenter.

The meetings will take place in the student center and there will be dinner parties twice each quarter where students can learn hands-on culinary skills and prepare and enjoy meals together.

"We can create this wonderful meal

that's all vegan and has a fusion of flavors from different cuisines around the world," Carpenter said. "I'm super looking forward to that."

UNITED DANCERS OF SEATTLE

The United Dancers of Seattle hopes to provide a space for students where they are free to be themselves, no matter what their level of dance experience is.

Co-President of the United Dancers of Seattle Clare-Frances Hoang was inspired to form the club after she noticed that there was a lack of a dance community on campus. She also found out that others shared her concern after a previous dance group, Alliance, disbanded.

"I hope that they get an interest in dance whether or not they have any experience with it," Hoang said. "I mostly just want to have fun with people and create an environment where everyone is free to be themselves."

While both Hoang and her co-president William Li plan to teach hip-hop classes for now, they hope to eventually expand the classes to a broader range of dance styles.

"Right now we're thinking of teaching hip-hop classes for about 45 minutes during the meeting and then we'll have kind of a freestyle break," Hoang said. "If we have more interest we're going to try to get ballet teachers, or contemporary or other styles of hip-hop too."

United Dancers of Seattle hopes to eventually have rehearsals in the Fine Arts building, but they're still in the process of booking a room. They plan to host meetings from 7 to 8p.m. on Fridays.

Hoang encourages people of all experience levels to move out of their comfort zones and give in to their urge or curiosity for dance.

"Anyone can join regardless of any type of experience or if you want to try a certain type of dance," Hoang concluded.

REDHAWKS FIND THEIR FLOCK



NICK TURNER • THE SPECTATOR

Spectator staff members Chris Salsbury and Elise Wang go through the archives.

GENDER JUSTICE CENTER

Driven by the need for inclusion and safe spaces for trans, non-binary, and non-gender conforming members in the Seattle University community, fourth-year sociology major Haleema Bharoocha started the Gender Justice Center.

After teaming up with a group of people last December who shared her same ideas, Bharoocha, acting Interim Director of the club, began to form the Gender Justice Center with the goal of giving a space for inclusion.

Bharoocha realized the lack of visibility for women, trans, and non-binary folks on Seattle University's own campus and decided she wanted to give them a chance in the spotlight to be seen and heard. She became more passionate after researching that women's centers at other universities were mainly focused and created by cisgender women with a white-feminist perspective that often excludes trans women and women of color.

The Gender Justice Center wants to break from the binary and heteronormative society that so many people have grown accustomed to. They see it necessary to tear down divisions between people due to their gender, sexuality or other identities in order to create much more unity within these movements seeking inclusivity and visibility. Bharoocha considers herself to be very action-oriented, and wants to enable others to find their voice and the courage to go out and do something.

"We don't want to just be leaders for the people, because strong people don't need leaders," Bharoocha said. "We want to empower the community to take their own actions."

One issue that they want to tackle is the heteronormativity of sex education and reforming those discussions to be inclusive of those

who do not fit into the binary. They are currently trying to find an official space on campus to occupy with educational books and a food pantry, and they are collaborating with the Survivor Support Network to streamline multiple resources for survivors to use and will be posting these on cards in bathroom stalls.

Starting October 25, the Gender Justice Center will start a quarterly programming event for community building and healing, where anyone can participate in discussions about nonviolent communications, gender justice and how to facilitate conversations about identity and privilege.

The Gender Justice Center will be hosting a launch party on October 19th to kick-off the start of their new club and create their presence on campus for the first time. They will be hosting Dean Spade, a transgender lawyer and activist who is also a faculty member at Seattle University's School of Law, as the keynote speaker, and an after party where former mayoral candidate Nikkita Oliver is set to perform.

Those interested in joining or learning more can e-mail Haleema Bharoocha at bharooch@seattleu.edu.

DELIGHT MINISTRIES

With so many faith-centered organizations on campus, second-year Ali Alderman felt very involved and included, until she and four other students realized there was not a space for women in Christianity on campus. Alderman wanted to be able to converse with other women at Seattle University about how important and cool they are in their faith without putting all of them in their relationships to men.

Because of this, they created the Delight Ministries club, seeking to allow women in Christianity at Seattle University the chance to get together and talk about their faith and lives as college students.

Alderman, who is the executive director of the club, worked with Campus Ministry and the Center for Student Involvement to form the group. For now, Delight Ministries is focusing on establishing a presence on campus and recruiting people to join.

In the future, they hope to collaborate with other Christian groups on campus, such as Young Life and Atmosphere, to be supportive of what they do, work in communion and facilitate a larger faith community at Seattle University. The club is also planning on having a branch dedicated to community service and outreach, where members can participate in giving back to the campus and the city of Seattle in general.

Alderman plans to have multiple

bonding experiences and get-togethers with club members throughout the year, whether that be going out and exploring Seattle or just talking about the incredible power of womanhood.

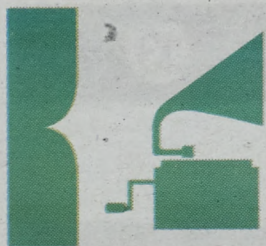
"We want to promote the incredible power of womanhood in faith and in Christianity," said Alderman. But on the other side of that, I also want to make sure that the Seattle University community knows that this isn't an exclusively female organization and that we want to be inclusive and we welcome anyone who wants to join a fellowship of Christian folks."

Alderman strongly believes that this club will help its members and other people to recognize that strong and formidable women can be leaders in their faith and in Christianity.



NICK TURNER • THE SPECTATOR

Members of Seattle U's D1 Improv Team, Annet Rangel and Maddie Piper, proudly advertise their club.



everything food

AUTUMN ARRIVES AT PIKE PLACE MARKET

Daryn Lenahan
Volunteer Writer

Ah, fall. Chubby pumpkins on doorsteps, the cinnamon smell of baking pies and warm apple cider and the leaves turning from bright green to a warm orange—what's not to love? For students who hail from outside Seattle, autumn in the city can be an exciting experience. Fall is the time to purchase a Pumpkin Spice Latte from the original Starbucks, partake in Halloween festivities and enjoy the clearance bulk candy at the end of the month. Although fall in Seattle is often associated with grey skies and a nonstop drizzle, a trip to Pike Place Market might be just the right dose of the warm-and-fuzzies to cure your gloomy mood. Although it's typically famous for its summer flowers and fishmongers throwing their daily catch, Pike Place Market is serving up some delicious fall specialties; from warm drinks to sweet treats and other eccentric autumn offerings. Don't know where to go? This simple guide will help you find everything you need to eat and drink your way through Pike Place Market this fall.

Ghost Alley Espresso- Nestled underneath the Pike Place Fish Market and next to the famous (though currently bare) Gum Wall, Ghost Alley Espresso has been serving up their signature autumn-style coffees since early September. The espresso and specialty coffee shop's fall treats include the Pumpkin Spice Toffee Latte, which tasted just as sweet and delicious as the name implies, and the Habanero Mocha. Both drinks are flavored with spices from Seattle's own spice company, Whole Spice.

Tiny's Organics Apple Ciders- For a spiced drink that isn't caffeinated, head over to Tiny's Organics Apple Cider. With a stand located just outside of the market, across from Beecher's Cheeses, they are a Pike Place Market staple year-round. In the fall, their traditional cold pressed apple cider transforms into a warm and delicious treat that comes in a variety of flavors that change daily; from the ordinary, like original or strawberry, to more bizarre flavors like lavender or maple bacon. All of their warm apple cider blends are a must-try while exploring Pike Place Market during the autumn months.

Cinnamon Works- If you're looking for a sweet fall treat, Cinnamon Works, the bakery on the corner of Pike Place and Pine St., might be the place for you. All the cookies and muffins at Cinnamon Works are likely to make your mouth water, but their pumpkin cookie illuminated feelings of autumn cheer in my heart! Huge and delicious, the cookie is available in both gluten-free and traditional options.

Piroshky, Piroshky- The brick-and-mortar store located just down the street from the original Starbucks serves up a variety of baked goods, both sweet and savory, all year round. In autumn, the Cranberry Apple and Whole Baked Apple piroshkies utilize freshly harvested fruits to create a sweet fall flavor, while the Cinnamon Cardamom Braid adds hints of raisin and orange peel to an already delicious treat. Not to mention, the autumn flavored delicacies at Piroshky, Piroshky make the nearby sidewalk smell delectable.

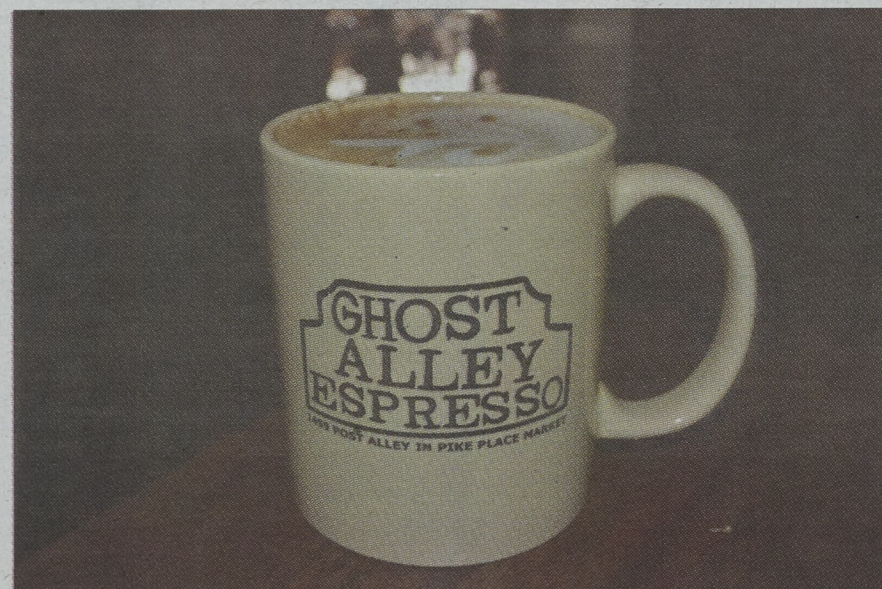
Inside the Market- If you make the decision to venture into the heart of Pike Place Market and visit their various vendors, be on the lookout for

fall specialties. Pappardelle's, which sells dozens of types of extraordinary pastas (located close to the row of fruit stands) manufactures several autumn-flavored noodles, including Sweet Potato Spaghetti and Autumn Harvest Blend Orzo. The fruit shop Chukar Cherries, which serves up dried cherries and berry and nut mixes, recently began selling their signature fall product, spiced hazelnuts, all year round. Woodring Orchards, which sells their many flavors of jams and jellies next to Chukar Cherries, recently began selling their fall specialty, Pumpkin Butter, which the shop owner said tastes just like a pumpkin pie. Not to be overlooked, the produce stands at the market sell fresh seasonal specialties. I recommend snacking on a crisp autumn-harvested apple, which are harvested all over Washington state.

The best way to achieve the quintessential Seattle fall experience is to go out and explore, and the world-famous Pike Place Market may

be the best place to start. Of course, there are dozens of shops inside and around Pike Place Market that serve up delectable and delicious treats during all four seasons. However, if you're specifically looking for the traditional flavors associated with autumn, these shops and stands may just be perfect for you!

The editor may be reached at
arts@su-spectator.com



VANESSA BRIMHALL • THE SPECTATOR

Ghost Alley Espresso offers unique espresso drinks in an intimate setting. Pictured is a pumpkin spice toffee latte

TACOCAT SHOWCASES GLITTERY ECCENTRICITY AT DOC MARTENS

Emma Weaver
Volunteer Writer

Bright pink balloons and abundant amounts of glitter, stars, and jewels embellished the instruments of the Seattle-based band Tacocat as they played at the Doc Martens store in Downtown Seattle last Thursday.

First expectations held ideas of innocence and charm, as the stickers playfully glistened under the lights while each band member stepped out in their colorful ensemble consisting of brightly colored hair, cartoon-based leggings, cat ears, and tutus. Emily Nokes on lead vocals, Lelah Maupin on drums, Eric Randall on guitar, and Bree McKenna on bass emerged on the stage with energy and liveliness embodying their reputation for short, garage-punk songs relating to everyday life and nostalgic times of young adulthood.

Their lyrics captured the perfect blend of comedic, absurd, and clever tones as they sang of cats, drunken businessmen, periods, and social constructs prevalent in all realms of life. Their energy and music makes you

want to bust out into dance moves and the unique audience seemed to think so, too. The animated crowd seemed to disappear as Tacocat broke the barrier between audience and performer as they captured all listener's attention, whether it was a five-year-old boy or a 40-year-old woman.

Tacocat signed to Seattle's Hardly Art record label in 2010, and has since been churning out compelling pop-punk songs elucidating individual expression and ebullient life occurrences. The band primarily played songs off their most recent album, "Lost Time", released in 2016, which offers a more candid, mercurial approach to their music, especially when compared with their first album, "NVM", released in 2014.

When they belted out one of their most beloved songs, "I Love Seattle", the crowd broke out into cheers, screams, and applause. The audience sang along, asserting their true love and pride for Seattle, despite "that the world is ending" for future Seattle, and the audience swayed to the sharp, vehement instrumental and vocal hooks. If music is created to give its listeners a sense of direction and



SAMIRA SHOBEIRI • THE SPECTATOR

Local band, Tacocat, performing at the Dr. Martens store in downtown Seattle

belonging, then Tacocat encapsulated this notion as their idiosyncratic melodies echoed throughout the store, capturing the audience's attention, contemplations and appreciation.

The writer may be reached at
eweaver@su-spectator.com

EAGLES' ROCK MELODIES SOAR AT SAFECO FIELD

Taylor Guy
Volunteer Writer

Safeco Field erupted in energy Saturday evening when the Doobie Brothers took the stage as the opening act in The Classic Northwest tour. The stage surged in light and noise as the Doobie's kicked off the concert with a spirited rendition of "Jesus Is Just Alright". The beat of their drums resonated to the heart as throats grew sore, singing as loud as their lungs could go to songs like "Blackwater and Spirit". Throughout the set, a saxophone, fiddle and harmonic would join the band, lending lively variety to an already rocking performance. "China Grove" acted as the set finale, but it was easy to predict the encore that would soon come after in the form of "Without

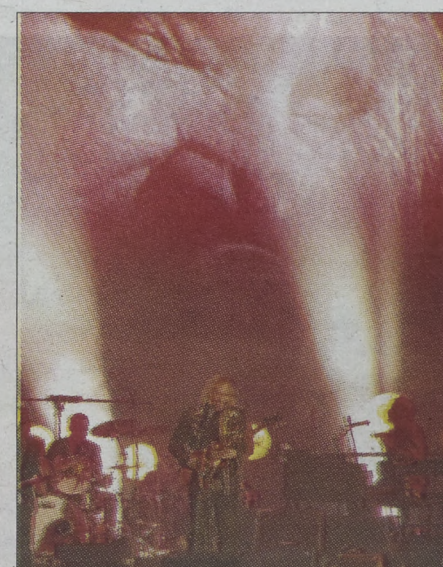
You" and the iconic "Listen to the Music." When they had finished these final performances, with the crowd screaming and cheering, they threw their picks into the stands as a goodbye before they left the stage for the night.

It was a brief interlude before the Eagles took the stage. The lights dimmed, and fog concealed the stage as silhouetted figures appeared breaking into the opening of "Seven Bridges Road." The eerie harmony of five voices in the foggy dark with the gentle twinkling fireflies on the big screen brought the audience into the moonlit marsh of the song's fantasy. Of the five voices, two are guests to the Eagles name. The first, Vince Gill, is the winner of 21 Grammy Awards, asked to join the tour to lend his voice to the band in the absence of their late bandmate, Glenn Frey. The second

guest, is Glenn's son, Deacon Frey on guitar and vocals. Songs ranged from ballads to rock to country as Vince Gill, Deacon Frey, Don Henley, Joe Walsh and Timothy B. Schmidt each lent leading vocals to the set, with songs like "Take It Easy," "Peaceful Easy Feeling," and a finale of "Life in the Fast Lane."

When they left the stage, the audience lit up with a sea of flashlights like a sky filled with stars, calling them back for two encores of the much anticipated "Hotel California" and "Desperado," a more mellow end to a night of absolute excitement.

The editor may be reached at
arts@su-spectator.com



TAYLOR GUY • THE SPECTATOR

Joe Walsh jams with a talkbox during Funk 49

CRITIC'S CORNER: "FLATLINERS" NEEDS SOME LIFE SUPPORT

Emma Nelson
Volunteer Writer

If your favorite medical drama asked one director from every genre of film to collaborate on one egregiously long episode together, they would have birthed something eerily similar to the latest film release "Flatliners."

The film, directed by Niels Arden Oplev, is a loosely adapted remake of the 1990 thriller of the same name. Like the original, which featured performances from Julia Roberts, Kiefer Sutherland and Kevin Bacon, this remake features a promising cast. Ellen Page, Nina Dobrev, Diego Luna, Kiersey Clemons and James Norton star as five objectively attractive medical students who stop their hearts in an attempt to explore the afterlife, bringing dark forces with them when they return to the operating table.

In a poor attempt at garnering intrigue, the film opens on a shot of the character Courtney, played by Ellen Page, swerving off of the road into a river, killing a young girl in the passenger seat. Flash forward nine years later, the film reintroduces Courtney and her colleagues in a harshly lit hospital where they are completing their residency.

Immediately, sexual tension develops between protagonists Marlo and Ray, played by Nina Dobrev and Diego Luna, emulating the overused television trope of sexy doctors falling in love. Despite the indecipherable slew of medical jargon they rattle off, it is clear that the purpose of this film is not to showcase the intelligence and medical competence of its main characters.

Though I cannot fault any of the actors involved on their acting ability, I question the intent of the writer who thought that Kiersey Clemons' character Sophia would best be introduced crying over vocabulary in a dimly lit library. Stranger still is the wildly one dimensional and overtly problematic character Jamie, portrayed by James Norton as a stereotypical lothario and probable Gap customer. Each character is less memorable than the last, despite the notoriety of the actors playing them. I was hopeful that this could be blamed on the genre, because most thrillers and sci-fi films rely on plot to drive the film, but in this case, plot was just as lacking as personality.

After a series of unmemorable encounters with each of the core cast, Courtney lures them into the

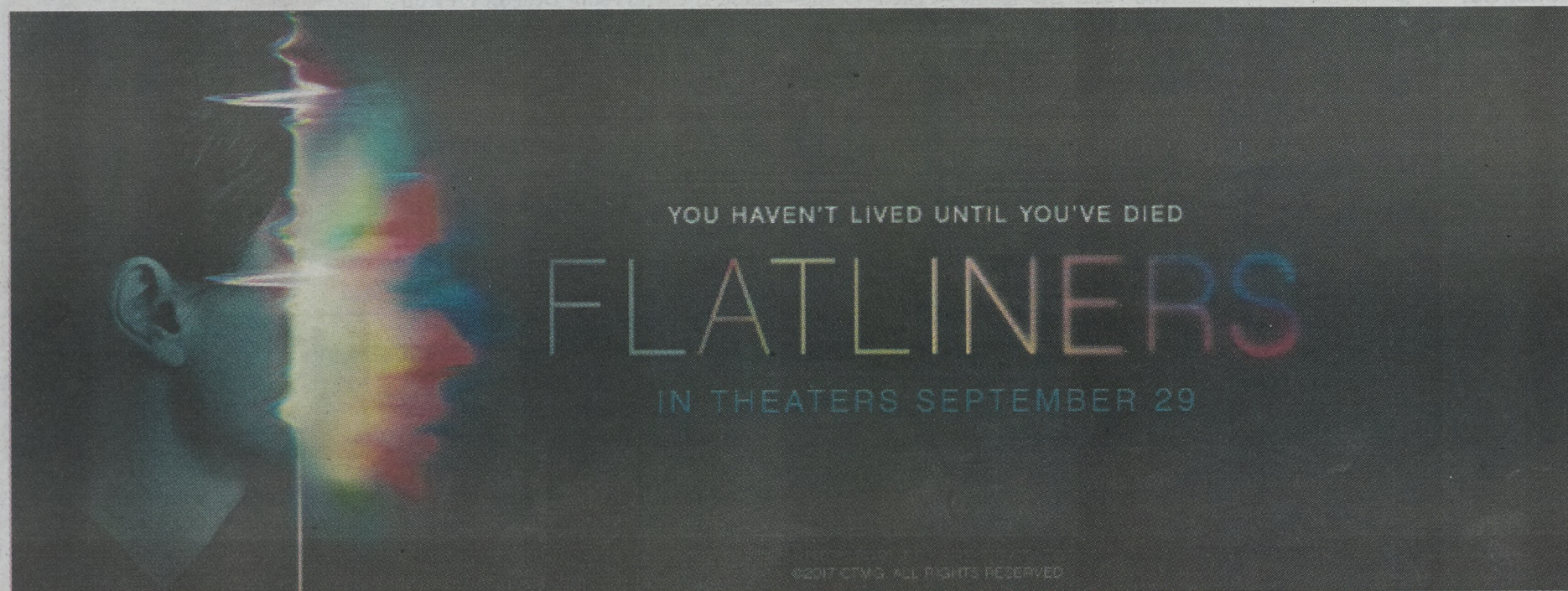
basement of the hospital, which seems to be equipped with every possible contraption needed to bring someone back from the dead. Once again, the film abuses its budget for fluorescent lighting as Courtney takes what could easily be mistaken as a bad acid trip into the afterlife. The special effects are surely a step up from those of the original, though with 27 years between them that's the least you could hope for. However, other than a name and a cameo from Kiefer Sutherland, the two movies scarcely have enough in common to be compared.

One notable plot point added to this remake was the choice to make all the flatliners superhuman upon their return from the dead. For example, Courtney becomes a superhuman capable of playing the piano, recalling information from books she read three years ago, and most importantly acting like someone who recently got into yoga and now thinks they are "enlightened." One by one, her friends decide to follow in her footsteps, resulting in several dream sequences from the dead and more than one gratuitous demonstration of arguably unimpressive new abilities.

Not long after they flatline, the characters begin to suffer the

consequences of playing God. It is revealed that each of the characters, in addition to being fairly boring, has committed some obscure "sin" that's come back to haunt them. Though the film was marketed as a horror movie, the only thing scary about the ghosts that darkened our protagonists' doors was the excuse it gave each character to play victim. Particularly in the case of Jamie, who skipped out on his high school girlfriend on the day of her abortion, made the film downright offensive to watch. Worse still was the artificially sweetened ending, characterized by a round of celebratory shots. Much like its main characters, the film felt underthought and immature, with credits that began rolling long after my patience ran out. Existing in an awkward purgatory between genres, "Flatliners" is one remake that would've been better off dead.

The editor may be reached at
arts@su-spectator.com



DANCING INTO FITNESS: ON CAMPUS VS. OFF CAMPUS CLASSES



SAMIRA SHOBEIRI • THE SPECTATOR

Hunter Uechi
Staff Writer

This week I challenged myself to start improving my physical health by being more consistent about working out. I may not have gained the dreaded “freshman 15,” but I did notice that I have to shimmy into my skinny jeans a little more than last year. So, I decided to extend my everyday jean dancing routine and take a few fitness classes on and off campus.

This past week, I took classes at a Pure Barre studio located on 1222 East Pine Street. The studio is a 15-minute walk from campus, which is the perfect warmup and cool down after the 60-minute workout. You must be thinking that, if I am willing to walk 15 minutes to go workout, the workout itself must be easy. Unfortunately, or I guess fortunately for your health’s sake, barre class is hard. On a scale of 1-10, I would rate the difficulty of this class a 10.

Megan Florer, one of the Pure Barre instructors, explained the structure of the classes. She said

that the first 10-15 minutes are a full body warm-up that then moves into arms and upper body. After that, participants move to the barre and work on thighs, then sit and end with abdominal work. The exercises within each category vary based on the instructor and the time of the class.

“Pure Barre is high intensity, low impact. It incorporates a lot of small movements, high reps, and isometric holding of your core and body,” Florer said.

Don’t worry, I did take another barre class later in the week. I only took one rest day. As much as Pure Barre was building me up physically, I noticed that each class I went to, I was more determined to push my body to that point where change happens.

“It never gets easier,” Florer said. “In the beginning, you do not know what you are doing, and your body is not used to the different positions; but as your body gets stronger, you learn how to push yourself harder, and you mentally become stronger.”

Sara Wyer, a second-year student

at Seattle University, is an attendee of Pure Barre. Wyer enjoys the classes because she can work out without hurting herself. Wyer previously shattered her kneecap and had to get surgery to repair the joint. This left Wyer’s body fragile and unable to continue to participate in high impact sports and workouts.

“Pure Barre allows me to safely workout through the low impact and high intensity movements,” Wyer said.

Pure Barre has a one week free trial and a student offer of \$108, with tax, for a month of unlimited classes. The studio also emails you a \$20 off coupon, once you have attended three classes during your trial period. Although it is pricey, I do think that if you have had an injury before and can no longer do high intensity workouts, Pure Barre is worth the splurge.

To compare off campus options to on campus options, I took a Cardio Dance class at the William F. Eisiminger Fitness Center, located on 14th Avenue. The Cardio Dance class is a 60 minute full body, cardio

workout that incorporates strength building through choreography and varied intensities. Cardio Dance is very doable, coming in at a six on my difficulty scale.

The Cardio Dance instructor, Kanani Aken, a fourth-year Seattle U student, takes a fun, energetic and collaborative approach to their Wednesday 6pm Cardio Dance class.

“It’s your space to have fun, be silly and take your mind off of whatever else is going on outside,” Aken said.

Aken recommends cardio dancers bring a positive attitude, energy, a water bottle and shoes to class.

I enjoyed those 0 minutes of nonstop fun. The songs and the atmosphere of the class created a space for me to let loose and dance out all the stresses of the day. Anyone and everyone can join Cardio Dance fitness classes, regardless of experience. Also, if you want to secure a spot in the popular fitness class, you can pre-register with Seattle U for a yearly \$5 fee by using the MindBody app or going online. If you are on a budget and do not want to travel too far to work out, I would recommend trying the UREC fitness classes.

In comparing the two classes, I prefer Pure Barre over Cardio Dance because of the impact the class had after it was over. Physically, my body was in pain, but I did find myself to be more energetic and less fatigued throughout my day. And to my surprise, mentally, I have become stronger, growing to be more courageous, determined and daring.

Overall, working out is not as bad as it sounds, but it is still harder than shimmying into my jeans.

For information about where to get your jiggy on, visit Seattle University’s recreation and fitness website or Pure Barre online to learn more.

Author may be reached at
huechi@su-spectator.com

CHASING CORAL: DIVING INTO OCEAN CONSERVATION

Bailee Clark
Staff Writer

Within our lifetime, the ocean may become a graveyard filled with the barren skeletons of millions of animals. In the not-so-distant future, diving will be a completely different experience, one lacking the vast array of vibrant colors that have always spread across the seafloor. Coral, an animal that provides a vital ecosystem for fish and other sea life, are rapidly becoming bleached and dying. We have already lost 80 to 90 percent of coral around Florida, and it is estimated that if current trends continue, most of the world's coral will be dead in 30 years.

Students gathered in Pigott auditorium last Thursday to watch the documentary "Chasing Coral", which followed a team of scientists and filmmakers as they documented the death of coral around the world. The documentary revealed grave facts about global warming and the effects it is having on the oceans.

Following the film screening, there was a panel discussion where experts from Seattle University's biology, film, and environmental studies departments and a representative from the Seattle Aquarium addressed student questions. Students asked about climate change, the politics involved in environmental action, and how to have difficult discussions about these topics.

"Conflict makes for a story. Have the bravery to have these difficult conversations," said panelist Craig Downing, a film studies instructor at Seattle U.

Students and panelists alike had mixed feelings about "Chasing Coral", including Tanya Hayes, one of the panelists and the Director of Seattle U's Environmental Studies Program.

"I think that as a documentary it brings up and highlights a problem, and it does good visually to draw attention to coral," Hayes said. "I have concerns that it is overly simplistic in explaining coral bleaching and degradation of coral," Hayes said in

an interview prior to the screening. "I understand that the film is focused on showing the problem and raising awareness, but it lacks the human dimension."

Hayes said that the documentary should have explored more of the ecosystem services corals provide as well as recognizing the work of local groups instead of only a few scientists working with a big company. Coral reefs are a habitat for fish and other creatures and therefore provide a food source to humans. Another ecosystem service that corals provide is coastal storm protection. Many coastal communities and impoverished populations rely on the fish that live around the corals for their income as well as their diet. Sophomore Marine and Conservation Biology major Diana DiMarco watched the documentary for the first time at the screening and thought that it made some important points.

"I had been avoiding watching it because it is full of sad truths that really hit home for me," DiMarco said. "For someone who already knows about the problem, it was a poignant reminder. I loved that it brought my friends to tears who don't have as much ocean background as I do. It touched the human heart, and I think everyone should watch it."

The imagery of coral dying within the span of just a month was very impactful, sniffles could be heard throughout the auditorium as students with teary eyes watched the transformation of bright and colorful coral into dead, algae covered skeletons.

DiMarco listed some concerns about the documentary: "I think the call to action needs to be followed by concrete ways to take action, for example signing up to call your local policy makers or pledging on a social site to eat one less meat meal a day," DiMarco said. "It also would have been helpful if it talked more about the impact of the reef death on people, because although the earth impact is where I am focused, policy makers and people in power seem

to make decisions based on what impacts humans."

The future may seem grim, but hope is not lost. Tanya Hayes' hope is that instead of feeling negative or hopeless, students are driven to learn more about coral.

"When you look into the complexities of the issue you will understand the problem better and see more points of leverage for solutions," Hayes said. "There are a lot of solutions, some of which are very simple solutions that students can do, like promoting stuff on climate change or reducing their carbon footprint."

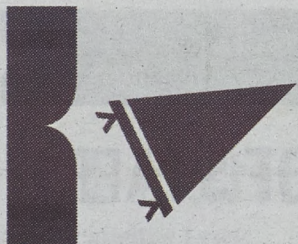
The ocean is a mostly unexplored alien world that resides on our own planet. It is filled with beautiful colors and fascinating creatures, and with efforts by documentaries like "Chasing Coral" and caring groups and individuals this world can be preserved.

Author may be reached at
bclark@su-spectator.com



BAILEE CLARK • THE SPECTATOR

The panel included faculty from the Environmental Studies and Film Studies programs as well as guest speakers from the Seattle Aquarium and Joint Institute for the Study of Atmosphere and Oceanography (JISAO)



KELLY SULLIVAN BECOMES NEW HEAD COACH OF CROSS COUNTRY

By Alec Downing
Volunteer Writer

Men's and women's cross country and track and field are under new leadership as the recently hired Kelly Sullivan takes the reins of the program.

Sullivan is entering his 37th year of coaching and has been working with the track and field athletes for just over a week and the cross country teams for just over five weeks. He is experienced in every aspect of coaching the two sports, but most importantly, understands the importance of building a positive team culture.

"Building relationships is really big. I've learned over the years you really don't know a kid until you know them. You just can't assume, you have to spend time getting to know people," Sullivan said. This has been something Sullivan has been doing since first stepping foot onto campus when at his interview he had the opportunity to meet nine current students.

"I was just really impressed," Sullivan said of the students he met that day. "It's really important who you work for but it's really important who you're working with."

Sullivan expressed how the more he learned about Seattle University, the more he saw a reflection of his own views and values, especially in educating the whole person.

"I never want to push kids too hard. Some of these kids are working jobs, internships, some are busy nursing majors. Overall we've got to take that into consideration and realize that rest and recovery are really important," Sullivan said. He emphasized that practice should be "the highlight of their day" and that it should not be stressful.

"I really want them to drop the rest of the world off before they get there but as a staff we have to do the same," said Sullivan who constantly stresses the importance of culture and speaks highly of the supportive and caring



ELISE WANG • THE SPECTATOR

Coach Sullivan himself attended Clackamas Community College and Willamette University graduating with his bachelor's in history and exercise science.

culture already established.

Outside of his Catholic roots and his alignment with the University's values, Sullivan is excited to have the opportunity to coach both men and women again, something he did not have the opportunity to do for the last 13 years.

Sullivan most recently finished a 13 year tenure at OSU which has no men's cross country or track and field program. Upon taking the job at OSU in 2004, Sullivan was tasked with completely restarting a women's track and field program that had been on a 16 year hiatus due to budget cuts in the late 80s. Starting with only a distance program, he took the opportunity head on.

"We went from having no program,

no scholarships, no track facility to raising over 10 million dollars to build one of the best track and field facilities in the country, and having fully funded, fully staffed team competing in every event," Sullivan said. He saw through this full rebuild and stepped down last May feeling he had completed what he set out to do and had left the university in great shape moving into the future.

Sullivan himself attended Clackamas Community College and Willamette University. In his days as a collegiate athlete, he earned All-American Honors in cross country and placed third at Nationals in the 3,000 meter steeplechase, his specialty in track.

Prior to his time at Oregon State, Sullivan held a variety of other

coaching jobs. He started his career by returning to Clackamas Community College in 1980. By the time of his departure in 1984, Sullivan had put together an impressive track and field program specializing in distance events. In his final year at Clackamas, Sullivan had six distance runners being recruited by Division I schools. In 1984, Sullivan was contacted by Auburn University in Alabama and took on the role as head coach of the men's and women's cross country teams and as an assistant coach for the track and field team.

Throughout his tenure at Auburn, Sullivan crossed paths with the likes of Bo Jackson, Charles Barkley, and Frank Thomas who all attended Auburn while Sullivan coached at the university from 1984 until 1996.

Now, with his new opportunity at Seattle University, Sullivan is focused on the present. He is not yet ready to speak on or speculate about the future of the program.

"Our main objective is to work with the kids we have right now and do a great job with them," Sullivan said. "Then we will start thinking about what we want to do with the program going forward."

Without hesitation, Sullivan states the biggest accomplishment of his career has been "the relationships" going on to talk about former athletes, coaches, and other colleagues that have stayed in contact over the years. "I've got emails from athletes all the back to the beginning of my coaching career, somehow they found I was here," Sullivan said. "You really just can't put a price tag on knowing that those people still think about you."

The relationships Sullivan has built and the importance he places on them show exactly the kind of coach and person that Seattle University now has on staff.

Editor may be reached at
sports@su-spectator.com

ATHLETIC DEPARTMENT GAINS A CONSIDERABLE AMOUNT OF STAFF

By Michelle Newblom
Sports Editor

Seattle University's Athletic Department has experienced a recent reshuffling of staff. New positions have opened, head coaches have been hired and some roles are still waiting to be filled.

Since spring of 2016, around 20 new staff members have been hired. While most of these positions are assistant coaches, there have been drastic changes to a couple teams. Five of these positions were filled following the selection of Jim Hayford last April as the new head coach for the men's basketball team. He hired a new team of staff in an attempt to resolve the disappointing seasons the Redhawks have recently been experiencing.

Only five weeks ago, Kelly Sullivan was hired to lead both the men's and women's cross country and track and field teams. He is well known for

growing track and field programs and brought one assistant coach with him, keeping the remainder of the staff the same. The appointment of two head coaches in such a short time will alter the dynamics of these teams and hopefully propel them forward.

The strength staff also underwent critical changes. There are all new coaches with no staff returning from last year. Cam Williams became the head strength, speed and conditioning coach, and Jen Peterson joined the Iron Nest as well. Changes are being implemented to provide success for all athletes that enter the weight room.

Not all positions have been filled, yet. Erin Engelhardt stepped down from her role as associate athletic director for development last year. The spot is still open as the athletic department continues to search for viable candidates.

Among all the modifications in the department, a new position

has become available. The assistant athletic director for marketing and fan engagement is new as of this year, and it has been filled by Eric Guttorp who had his first day of work Sept. 29. The director of corporate partnerships is a new title, and the person hired officially begins Oct. 13.

While Dan Scheid is not new to Seattle University athletics, he has taken on a new role as the assistant athletic director for academics and student-athlete support. Changes have had to occur with returning staff in order to accommodate all of those who have recently been hired.

The combination of a new strength staff, head coaches, assistant coaches and training room personnel will rearrange the athletic department and expectantly keep them moving in the right direction.

Editor may be reached at
sports@su-spectator.com

MEN'S SOCCER OPENS WAC WITH A WIN

By Kailey Byer
Volunteer Writer

This Friday, Sept. 29, Seattle University Men's Soccer team swept CSU Bakersfield (3-6) in a 4-0 win. This was the first game for the team in the Western Athletic Conference (WAC). It was their seventh win of nine games so far this year.

The team played a confident game. Sergio Rivas scored once in the first half and Rivas, Quinn Fahling and Orlando Neto all scored during the second. "The main goal for the second half was to push harder and score more, and we did just that," Captain Josh Greene said.

After the game, Captain Nathan Aune stated that the team's greatest strength this season is how close they all are. This was displayed through their communication on the field to keep possession throughout most of the match.

Following the loss to University of Washington that snapped their home

winning streak, the drive to win was clear.

"There is no position (on the team) taken for granted. Everyone has to push themselves if they expect to play," Greene said.

Limited playing spots push these athletes to work harder and earn their position on the team.

The Redhawks have been excelling in shots per game, with 22 compared to Bakersfield's one. In terms of corner kicks, Seattle U had four while Bakersfield had one.

As for long term goals for the team, Greene and Aune are aiming to "keep winning the next match" and play successfully in the postseason. The team only has four more home games during the regular season, so make sure to stop by Championship Field and cheer on our Redhawks!

Editor may be reached at
sports@su-spectator.com



RACHEL LARSON • THE SPECTATOR

Forward Cody Gibson challenges opponent.

NFL PROTESTS CONTINUE TO CREATE TENSION

By Jacqueline Lewis
Staff Writer

In September of 2016, former quarterback for the San Francisco 49ers, Colin Kaepernick, first sat out of the United States National Anthem. Since then, in the months of his free agency, he has not been signed. Declining performance level has been cited, but others speculate it is politically motivated.

Three weeks into this season, there were around 10 NFL players protesting during the National Anthem, all black players symbolizing their defiance through taking a knee. Now that number has risen to well over 200, and includes entire teams sitting out the anthem in the locker rooms. As of Sept. 26, 2017, Seattle's own NFL team, the Seahawks, were the first to do so.

Police brutality and violent inequality spurred against African

Americans catalyzed the protests in addition to recent events such as those in Charlottesville, Va.

Known for outspoken activism, philanthropy and sometimes controversial political views, Kaepernick's actions have regained traction, creating a movement that includes a larger and diverse group of voices that give legitimacy and justice to his initial act.

"People are dying in vain because this country isn't holding their end of the bargain up, as far as giving freedom and justice, liberty to everybody," Kaepernick said.

Attention has shifted back to the NFL protests of the National Anthem after attacks on the organization by President Donald Trump at a rally in Huntsville, Ala. on Friday, Sept. 22, when the president said, "Wouldn't you love to see one of these NFL owners, when somebody disrespects our flag, to say, 'Get that son of a

bitch off the field right now. Out! He's fired. He's fired!'" The crowd roared in applause and cheers.

It was said with "passion and urgency," with similar rhetoric being repeated via the president's Twitter, and it has caused uproar around the nation.

"He had more passion and conviction for those remarks [of the NFL protests] than he did...to some extent, [for] white nationalist and neo-Nazis," NBC Sports Broadcaster Bob Costa said. "He clearly had more fervor for this than for that."

Calling African American pro-athletes "sons of bitches" has lead certain analyzers to believe that there is racial subtext to the president's remarks. According to Huffington post, African American males make up only six percent of the United States population, but comprise nearly seventy percent of the players in the NFL.

"Donald Trump resents Colin Kaepernick... white supremacy resents free black bodies, free black people. The fact that they cannot control these people—what they say, what they do, what they believe, whether they sit, whether they kneel, whether they stand—it eats him alive and it is something that he cannot control," CNN contributor and Temple University professor Marc Lamont Hill said.

Professional athletes continue to be at the intersection of politics and entertainment, race and class—when watching this week's football, be sure to tune in to watch the National Anthem.

Author may be reached at
jlewis@su-spectator.com

SEATTLE MARINERS FAIL TO MAKE PLAYOFFS

By Caylah Lunning
Volunteer Writer

What looked to be a promising season for the Seattle Mariners turned out to be just as disappointing as the last 16 years. They composed a losing record of 76-81 for the 2017 season, finishing 14th in the MLB standings, just short of making playoff position.

During the season, the Mariners lost some key players due to injury. Felix Hernandez suffered a shoulder injury in late April against the Detroit tigers that was later diagnosed as bursitis in his right shoulder. This injury would keep Hernandez out for the majority of the 2017 season. However, the Mariners problems goes deeper than just their injuries.

Their defense is where the Mariners struggled the most. Countless technical errors that many of the players made is a problem within the program. The Mariners pitching is a

problematic area. Their pitchers aren't able to strike out 9-12 batters per game. Another problematic pitching error that the Mariners unfortunately have is their relief pitching. At the moment, their pitchers aren't able to strike out enough batters per game.

Throughout the course of the season, there have been many times that winnable games have turned into unfortunate losses. A lot of this stems from their relief pitching. There have been many instances where the Mariners have been doing well in games, putting themselves in a good winnable position; however, once their relief pitchers have been put in, countless home-runs and RBIs have been given up. Having two integral defensive weaknesses is an issue that the organization needs to fix in order to make a postseason run in the upcoming seasons.

The Mariners ended their season on Sunday with a disappointing loss

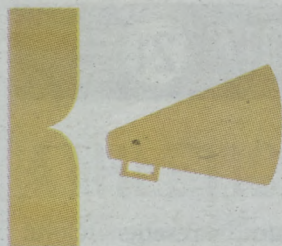
to the Los Angeles Angels. Changes will occur in the Mariner's program next year due to this unsatisfactory season. Bench coach Tim Bogar and first base coach Casey Candaele will not be returning next season.

Playoffs began on Tuesday, Oct. 3 with the wild card round. Unfortunately, the Mariners

standings at the end of the regular season were not good enough to make playoffs. However, with future changes, maybe next year will be a turning povint for the Mariners.

Editor may be reached at
sports@su-spectator.com





A LETTER FROM THE EDITOR

On Sunday, a terrorist opened fire on a Las Vegas music festival, leaving at least 59 dead and 527 wounded. Politicians and pundits have already started pointing fingers while bodies remain strewn across the concert venue.

What they're calling the deadliest mass shooting in modern American history comes about a year and a half after the previous deadliest mass shooting in modern American history in Orlando, Florida where 49 people lost their lives.

"Here we are again in the aftermath of another terrible, inexplicable, shocking and painful tragedy," Late night talk show host Jimmy Kimmel said Monday night.

The Las Vegas shooting comes on the heels of Hurricane Maria, which made landfall nearly two weeks ago on the United States territory of Puerto Rico, where 95 percent of the island still has no electricity and police officers can't patrol their neighborhoods because their cars have no gas, cancer patients and diabetics need their medicine but hospitals can't restock, and families can't bury their loved ones because even the morgues have been destroyed.

The nation is in flux. Just in the last month, President Donald Trump moved to end DACA, North Korea fired a ballistic missile over northern Japan and protests in the National Football League have successfully publicized America's white supremacy.

In times like these, being optimistic can seem artificial. Forced, even. With that in mind, I'd like to give you a quote from an old friend that you might remember, Mr. Rogers:

"When I was a boy and I would see scary things in the news, my mother would say to me, 'Look for the helpers. You will always find people who are helping.' To this day, especially in times of 'disaster,' I remember my mother's words and I am always comforted by realizing that there are still so many helpers—so many caring people in this world."

After the massacre in Las Vegas, Hurricane Maria in Puerto Rico and Hurricane Harvey in southern Texas, thousands of people showed up and donated time, blood and money to help in the aftermath. When Trump announced the end of DACA, thousands took to the streets in protest. When football players refused to stand for the national anthem, many joined them. All across the nation, Americans are fighting the good fight, but in many cases they remain outnumbered and overpowered.

Fall Quarter has just begun and we're off to a running start. To some of you, I say, welcome back. To others I say welcome to Seattle University, an institution of higher education that talks a big game about social justice, leadership and making the world a better place. It's easy to shrug those ideals off and act like it's just part of a marketing scheme that sounds inspiring to high school seniors. The thing is, as long as your degree reads "Seattle University," it's going to follow you in some small way for the rest of your life. It's easy to get caught up in the excitement of college life. New city, difficult classes, making friends, party after party after party—it's a lot to digest. It's a lot of fun, too. Just keep in mind that not everyone has the leisure to enjoy those things. Once in a while, ask yourself: who are you helping?

— Nick Turner
Editor in Chief

THE KILLER THAT LURKS AMONG US: MENINGITIS B

I was seven years old when, one Saturday morning in 2004, I woke up feeling weak and nauseous. What first seemed a mere case of the flu quickly revealed itself as something far more serious. My symptoms worsened and little red spots appeared on my arms, causing my parents to rush me to urgent care. The staff there sent me immediately to the ER at Sacred Heart in Spokane, where a spinal tap confirmed their worst fears: it wasn't the flu. It was meningitis B – and it was killing me.

In addition to the B strain that I contracted, meningitis presents as multiple strains that can be lethal – killing 10 percent of people who contract it. Here in Washington state, Meningitis is the most distinctive cause of death, and its college students who are most at risk.

Thankfully, the Washington state legislature has taken steps to curb these rates by requiring colleges and universities to provide information on the disease to incoming students. Thanks to the Washington Department of Health, administrators can access a webpage full of valuable resources to aid their efforts. As a student at Seattle University, I'm proud that administrators have created resources like the Student Health Center's meningitis page to educate students and parents. I encourage them, and other colleges and universities, to continue their efforts.

There wasn't a vaccination for meningitis B when I contracted it, but thankfully there were drugs and remarkable medical providers that prevented the disease from taking my life. The disease, however, irreparably affected my body – resulting in below-the-knee amputations of both of my legs and kidney failure. Today, prosthetics and a wheelchair enable my mobility. In addition, I received kidney transplants in 2006 and 2016 that have sustained my health.

Fortunately, there are two widely-available vaccines that can protect against every strain of meningitis today. Here on campus however, I see firsthand that not everyone is even aware of the threat of men B nor the vaccine that can prevent it. For a disease that spreads so easily through coughs, sneezes and saliva – especially within the dorms – it's imperative that students educate themselves and understand the options available to keep them safe.

Today I'm majoring in biology and am on the path to become a physician assistant. My dream is to someday work in a transplant clinic so I can serve people going through what I've gone through. In addition, my experiences as a disabled woman have inspired me to advocate for people within the disabled community: this year, I will serve as the vice president of the Seattle U Students for Disability Justice organization.

I wait desperately for the day that no one dies from this preventable disease. Until then, I plan to raise awareness about meningitis and encourage everyone to consider vaccinating against this deadly threat.

— Kaley Dugger
Vice President, SU Students for Disability Justice

ASKING MAMA MOZZONE

by Emily Mozzone

For relationship advice of any kind.

Q: *How do I tell my friend I need space while staying friends with them?*

A: A true friend should understand that it's okay to need space! Let them know it's not personal – I'm assuming you're overwhelmed with work, school, other relationships, etc. and have less time for hanging out with your friend. Keep hanging out with them, but maybe only in casual settings like grabbing some lunch, situations where it's easy to dip if they become too much. Good luck!

Q: *My friends live together, and I tend to feel excluded. How can I feel included again?*

A: Your friends probably aren't even aware you're feeling this way! If you're close enough, I'd let them know what's on your mind, and that you'd like to plan more activities that involve all of you! If you don't feel comfortable doing that, I'd do my best to be proactive, even when it's hard – text them first, plan an event! I guarantee your friends care about you, and that's what you should focus on!

Q: *None of my coworkers take me seriously, what should I do?*

A: Remember – they hired you for a reason. I would take initiative, maybe start a project on your own that shows that you really care about your job, organize the office, or whatever else shows that you take your job seriously. If you show that you take your job seriously, everyone else should follow!

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